

# DONELSON HEIGHTS UMC



## Come and have breakfast

After the resurrection, the Disciples returned to their everyday responsibilities which included tending to their boats and fishing. Fishing is tedious, physically taxing, and time-sensitive. One morning as they had finished their shift they were approached by someone they didn't fully recognize that invited them to 'come and have breakfast.' They could have let their excuses flow and made their way into the comfort of their own beds for a few hours of sleep, but something occurred and they accepted the offer.

In sitting down by the fire they became recipients of something far more nourishing than a meal. In the coming together, in the making time for the other, in sharing ordinary elements they understood that they were sharing in the gift of holy communion. A communion that tied them to the presence of one another, a communion that wove a thread of anointing between themselves and God. In the mundane, they experienced a sense of warmth, hospitality, and belonging.

We live lives filled with responsibilities that are taxing, time-consuming, and sometimes exhausting. God is inviting us to come and have breakfast, to merely take the time to come and sit with one another. God's desire is that might experience the holiness that rises forth and nourishes us when we come together. As we share in the ordinary practice of eating, we are given an entryway into being both a giver and a recipient of God's divine presence. Communion is not merely something we do once a month, it is an act that we are invited into every time we come together. In the days to come, may we have the courage to say yes to invitations of eating together so that we might experience a divine communion with one another.

Grace, Pastor Amanda

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## Highlight

Your generosity supplied 174 lunches for those who are unhoused and find shelter at Room in the Inn

## Staff

Pastor: Rev. Amanda Diamond  
Director of Music: Zach Richards  
Accompanist: Carolyn Jarrett  
Communication Specialist:  
Tawny Richards



## Fellowship and Meeting Opportunities

Sunday, May 22nd 11:30am Salads and Sandwiches  
 Bring your salads (chicken, tuna, fruit, pimento cheese) to share. Add your favorite bread or crackers to the side to share around the tables.

Sunday, May 22nd 12:30pm Leadership Board Meeting

## Outreach Opportunities

Thursday, May 5th 4:00-5:30pm Volunteer with us at Second Harvest Food pick up at St. Phillips. Contact Sarah Griggs for more information

Room in the Inn Snack Bags Drop Off Items  
 BeenieWeenies, Vienna Sausages  
 Packets of Chicken, Tuna, or Tuna/Chicken Salad  
 Fruit cups  
 Chewy Granola bars  
 Individualized bag of chips or soft cookies  
 Peanut butter or cheese crackers  
 (or we welcome donations that are made to the church with "Room in the Inn" in the memo)

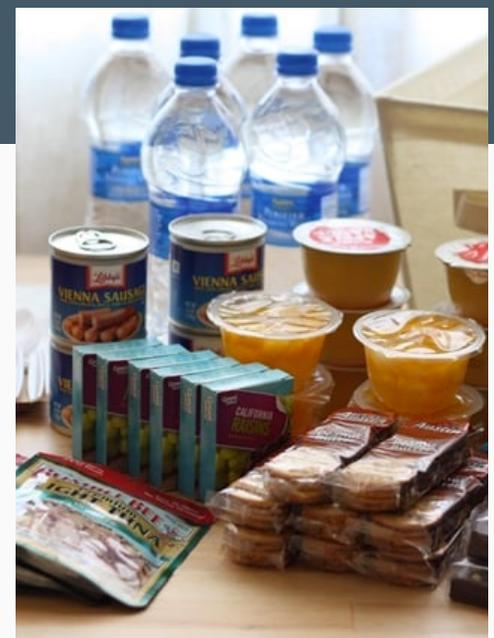
With your generosity, we help to fulfill the Room in the Inn requested bag that includes: 2 individual cans of pop-top protein, 2 fruit cups, 1 protein bar, 1 chewy granola bar or chewy cookie, 1 Peanut butter or cheese cracker pack.

## On-going Weekly Opportunities

Sundays: 10:10am Choir Rehearsal  
 10:30am Worship  
 Mondays: 6:00 - 9:00pm Nashville Community Concert Band  
 Tuesdays: The Quilters  
 1:00 - 2:00pm Pack Snack lunches for Room in the Inn  
 (second Tuesday of each month; May 10th)  
 Wednesdays: 6:30 - 8:00pm Sanctuary Choir Rehearsal  
 6:30 - 9:00pm Moonlighters Big Band Rehearsal

And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.

ACTS 2:42





**Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke them. Then he gave them to the disciples to distribute to the people**

LUKE 9:16

## Giving Opportunities

Your generosity allows us to continue to grow in our journey as disciples of Jesus. It propels us into the world to give freely and care for one another. We invite you to share your gifts in one of the following ways:



service

Place your cash or check in the offering plate at the back of the sanctuary



text

Text 73256 the message GIVEDHUMC



online

Go to the "Giving" tab on the church website and click on the link

## Giving Highlight

Ministry is not merely about loud and flashy events, it comes to life when we tend to the everyday and celebrate all that we have. This month we are thankful for the ways your gifts have supported and paid for the insurance coverage we have on our building. This important coverage protects the investment that houses our Early Childhood Program on a daily basis and the beautiful sanctuary and the incredible instruments that bring our time of worship to life.

## Those Serving this month in Worship

Liturgist: Nikki Rehberg

ProPresenter: Stacie Weaver

Stewardship Counters: Donna Thurman

Jonathan Wilburn



## We pray for one another

Anita Clark  
Ann Oakley  
Wayne Reece  
Tom Stroud  
Bobbie Wittenmeier

Our friends and extended family members

In Sympathy  
George Reid

## Homebound Ministry Opportunities

We invite you to take the opportunity to write a note of encouragement, thinking of you to those who are homebound. Cards can be found on the table in front of our Ministry Wall just inside the door.

This month we think about "A Mother's Love Makes a House a Home" We are called to give love not to just those we see but to all so that they might find a home within the Donelson Heights Family.

This month we highlight the following:

Tom Stroud  
Room 210  
Life Care Center of Old Hickory  
Old Hickory, TN 37138

Bobbie Whittenmeier  
285 Ivywood Drive  
Nashville, TN 37210  
615-889-3918

Rejoice always, pray  
without ceasing, give  
thanks in all  
circumstances; for  
this is the will of God  
in Christ Jesus for  
you.

1 THESSALONIANS 5: 16-18

## May Birthdays

We celebrate the lives of the following

May 4th	Adam Holland
May 13th	Kyrian Sychareune
May 25th	Jeanne Vaughn
May 25th	Katie Williams
May 26th	Mary Anne Williams
May 28th	Melissa Cheatham